

cu@wallaroo - Sample Menu

At cu@wallaroo, we pride ourselves on the quality of food that we prepare.

We strive to encourage healthy food and drink choices and prepare most meals from scratch, minimizing the use of ultra-processed foods.

Breakfast 8.00am

Juice, choice of cereals
plus
Pancakes with maple syrup
and other assorted toppings
or
Scrambled eggs, Toast
& Baked beans

Morning Tea 10.30am

Fresh seasonal fruit
plus
Homemade muffin cake
or
Homemade Anzac biscuits
fresh from the oven

Lunch 12.30pm

Freshly made bread rolls with
choice of ham, cheese and salad
or
takeaway your individually
made fresh wrap

Afternoon Tea 3.30pm

Fresh seasonal fruit
plus
Freshly baked focaccia

Dinner 6.00pm

Tasty Chicken Yiros with
homemade Tzatziki
or
Roasted drumsticks
with freshly made salads

Dessert 6.30pm

Sticky Date Pudding
or
Cinnamon Apple Crumble served
with ice cream & fresh cream

We also provide plentiful fresh fruit to munch on, if you are hungry in-between meals
And for drinks, we have fresh filtered water plus tea & coffee.